

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS

To be assigned

NEUROXCEL® Fizz 10 Day & 30 Day Effervescent Tablets Sucrose, Lactose, Gluten and Tartrazine free Contains Isomalt, Sucralose & Sorbitol

Complementary Medicine – Health Supplement

Read this leaflet carefully because it contains important information for you

NEUROXCEL® Fizz is available without a doctor's prescription, for you to maintain your health. Nevertheless, you still need to use NEUROXCEL® Fizz carefully to get the best results from it.

- Keep this leaflet as you may need to read it again.
- Do not share NEUROXCEL® Fizz with any other person.
- Ask your healthcare professional or pharmacist if you need more information or advice.

What is in this leaflet

1. What NEUROXCEL® Fizz is and what it is used for.
2. What you need to know before you take NEUROXCEL® Fizz.
3. How to take NEUROXCEL® Fizz.
4. Possible side effects.
5. How to store NEUROXCEL® Fizz.
6. Contents of the pack and other information.

1. What NEUROXCEL® Fizz is and what it is used for

NEUROXCEL® Fizz is a health supplement intended to support Energy production and healthy Brain and Nervous system functioning in adults.

2. What you need to know before you take NEUROXCEL® Fizz

Do not take NEUROXCEL® Fizz if you have:

Hypersensitivity (*allergic reaction*) to any of the ingredients of NEUROXCEL® Fizz (as listed below in section 6).

NEUROXCEL® Fizz should not be used if you suffer from:

- high levels of Calcium in either your blood or urine;
- chronic kidney disease;
- renal osteodystrophy with hyperphosphataemia (*a bone disease caused by incorrect functioning of the kidneys*);
- Sorbitol Intolerance, a rare hereditary condition.

Warnings and Precautions

The indicated daily dose of NEUROXCEL Fizz should not be exceeded.

Consult your Healthcare Professional if:

- you suffer from a bleeding disorder;
- you are taking blood thinners like Warfarin;
- you are asthmatic with sensitivity to aspirin;
- your symptoms worsen.

NEUROXCEL® Fizz contains Isomalt and Sorbitol, which may have an effect on blood sugar levels of individuals struggling with Diabetes Mellitus.

NEUROXCEL® Fizz should not be given to children below the age of 14 years (*due to the high Folate and Vitamin B6 content*) unless under the direct supervision of a qualified healthcare professional.

Other medicines and NEUROXCEL® Fizz

Always tell your healthcare professional if you are taking any other medicines. This includes complementary or traditional medicines.

Take NEUROXCEL® Fizz 2 hours before or after taking other medications including other natural health products.

A high dose Vitamin D may increase the risk of hypercalcaemia.

Fertility, Pregnancy and Breastfeeding

If you are pregnant or breastfeeding, think that you may be pregnant or planning to have a baby, please consult your doctor, pharmacist, or other healthcare professional for advice before taking this medicine.

The ingredients as contained in NEUROXCEL® Fizz indicated in section 6 are commonly used in pregnancy products.

Driving and using machines

NEUROXCEL® Fizz does not have any effect on the ability to drive or the use of machinery.

3. How to take NEUROXCEL® Fizz

Do not share medicines with any other person.

Always take NEUROXCEL® Fizz exactly as described in this leaflet or as your doctor, pharmacist or other healthcare professional has advised you. Check with your doctor or pharmacist if you are not sure.

For oral use only.

The usual dosage is one NEUROXCEL® Fizz Effervescent tablet dissolved in a glass of water in the Morning with breakfast.

NEUROXCEL® Fizz must always be taken after meals.

Do not swallow the Effervescent tablet whole or chew it, the Effervescent tablet must be dispersed in a glass of approximately 200 ml water.

NEUROXCEL® Fizz should be taken daily for as long as your healthcare professional indicates for you to use it.

If you take more NEUROXCEL® Fizz than you should

In the event of an overdosage, consult your doctor or pharmacist. If neither is available, contact your nearest hospital or poison centre.

If an overdosage is suspected, NEUROXCEL® Fizz should be stopped immediately.

Treatment is generally symptomatic and supportive.

If you forget to take NEUROXCEL® Fizz

Do not take a double dose of NEUROXCEL® Fizz to make up for a forgotten individual dose.

4. Possible side effects

NEUROXCEL® Fizz can have side effects in exceptional instances.

Not all side effects reported for NEUROXCEL® Fizz are included in this leaflet. Should you general health worsen or if you experience any untoward effects while taking NEUROXCEL® Fizz, please consult your healthcare professional for advice.

Less Frequent side effects:

- nausea (feeling sick)
- diarrhoea
- constipation
- indigestion
- bloating
- flatulence

Frequent side effects:

- bright yellow urine

Reporting of adverse reactions:

Should you notice any side effects not mentioned in this leaflet, report it to AnaStellar Brands (Pty) Ltd via pharmacist@anastellar.co.za, (011) 792 4601 or <https://anastellar.co.za>.

By reporting side effects, you can help provide more information on the safety of NEUROXCEL® Fizz.

5. How to store NEUROXCEL® Fizz

Store all medicines out of reach of children.

Store at or below 25 °C.

Do not refrigerate or freeze.

Protect from light and moisture.

Store in the original container.

Keep the Effervescent tablets in the tube until required for use, don't decant into other containers.

Do not store in a Bathroom or Kitchen.

Return all unused medicine to your pharmacist.

Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets).

6. Contents of the pack and other information

What NEUROXCEL® Fizz contains:

NEUROXCEL® Fizz is comprised of 1 Component:

Each Effervescent Tablet contains:

Vitamin B1 (Active) derived from Thiamine Pyrophosphate 25 mg	25	mg
Vitamin B2 (Active) derived from Riboflavin-5-Phosphate 13 mg	10	mg
Nicotinamide Riboside derived from Vitamin B3 300 mg	300	mg
Vitamin B6 (Active) derived from Pyridoxal-5-Phosphate Monohydrate 108 mg	100	mg
Vitamin B12 (Active) derived from Methylcobalamin 100 µg	100	µg
Folate (Active) derived from (6S)-5-Methyltetrahydrofolate 694 µg	500	µg
Vitamin D3 derived from Cholecalciferol 10 mg	1 000	IU

The other ingredients are Citric Acid Anhydrous, Isomalt, Passion Fruit or Pineapple Flavour, Polyethylene Glycol, Polyvinylpyrrolidone, Silicon Dioxide, Sodium Benzoate, Sodium Bicarbonate, Sorbitol, Sucralose and Tartaric Acid.

NEUROXCEL® Fizz is Sucrose Free.

Sweeteners: Isomalt (0,4 g), Sorbitol (0,3 g), and Sucralose (23 mg).

What NEUROXCEL® Fizz looks like and the contents of the pack

NEUROXCEL® Fizz is available in two pack sizes, a 10 Day Supply as well as a 30 Day Supply Effervescent Tablet. NEUROXCEL® Fizz is available in two flavours, Passion Fruit and Pineapple.

10-day supply:

Each pack contains 1x Polypropylene IML printed tube with LDPE tamper evident push down white desiccant stoppers with 10x Yellow coloured Effervescent tablets contained in the tube.

Pack size of 10x Effervescent Tablets enclosed within a cardboard carton.

Unit Carton with 1x Tamper Proof Seal on the lid opening.

30-day supply:

Each pack contains 3x Polypropylene IML printed tubes with LDPE tamper evident push down white desiccant stoppers with 10x Yellow coloured Effervescent tablets contained in the tube.

Pack size of 30x Effervescent Tablets enclosed within a cardboard carton.

Unit Carton with 1x Tamper Proof Seal on the lid opening.

Holder of Certificate of Registration

AnaStellar Brands (Pty) Ltd.
PO Box 639
Fontainebleau
2032
South Africa
+27 (0)11 792 4601

Registration Number

To be assigned

This leaflet was last revised in October 2025

The Professional Information leaflet is available on <https://anastellar.co.za>

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety, or intended use.

NXF/LF/01

PASIËNT-INLIGTINGSPAMFLET

SKEDULERINGSSTATUS

Moet toegeken word

NEUROXCEL® Fizz 10 Dag & 30 Dag Bruistablette Sukrose-, Laktose-, Gluten- en Tartrasienvry Bevat Isomalt, Sukralose en Sorbitol

Aanvullende Medisyne – Gesondheidsaanvulling

Lees hierdie pamflet sorgvuldig want dit bevat belangrike inligting vir jou

NEUROXCEL® Fizz is sonder 'n doktersvoorskrif aan jou beskikbaar om jou gesondheid in stand te hou. Nogtans moet jy bedagsaam wees wanneer jy NEUROXCEL® Fizz gebruik om die beste resultate daarvan te kry.

- Hou hierdie pamflet, want dit mag nodig wees om dit weer te lees.
- Moenie NEUROXCEL® Fizz met iemand anders deel nie.
- Vra jou gesondheidspraktisyn of apteker as jy meer inligting of advies benodig.

Wat is in hierdie pamflet

1. Wat NEUROXCEL® Fizz is en waarvoor dit gebruik word.
2. Wat jy moet weet voordat jy NEUROXCEL® Fizz neem.
3. Hoe om NEUROXCEL® Fizz te neem.
4. Moontlike newe-effekte.
5. Hoe om NEUROXCEL® Fizz te bewaar.
6. Die inhoud van die kartondosie en ander inligting.

1. Wat NEUROXCEL® Fizz is en waarvoor dit gebruik word

NEUROXCEL® Fizz is 'n gesondheidsaanvulling wat ten doel het om Energieproduksie en gesonde Brein- en Senustelsel funksie in volwassenes te ondersteun.

2. Wat jy moet weet voordat jy NEUROXCEL® Fizz neem

Moenie NEUROXCEL® Fizz gebruik indien:

Jy 'n hipersensitiwiteit (*allergiese reaksie*) vir enige van die bestanddele van NEUROXCEL® Fizz toon nie (*word in afdeling 6 aangegee*).

NEUROXCEL® Fizz behoort nie gebruik te word as jy ly aan:

- hoë vlakke Kalsium in jou bloed of urine;
- kroniese niersiekte;
- nier-osteodistrofie met hiperfosfatemie (*'n beensiekte veroorsaak deur wanfunksionering van die niere*);
- intoleransie vir Sorbitol, 'n seldsame oorerflike toestand.

Waarskuwings en Voorsorgmaatreëls

Die aangeduide daaglikse dosis van NEUROXCEL Fizz moet nie oorskry word nie.

Raadpleeg jou Gesondheidsdeskundige indien:

- jy ly aan 'n bloedingsversteuring;
- jy bloedverduunners soos Warfarin neem;
- jy asmaties is met 'n sensitiwiteit vir aspirien;
- jou simptome erger word.

NEUROXCEL® Fizz bevat Isomalt en Sorbitol, wat 'n effek mag hê op bloedsuikervlakke van individue wat met Diabetes Mellitus sukkel.

NEUROXCEL® Fizz behoort nie aan kinders jonger as 14 jaar gegee te word nie (*weens die hoë Folaat- en Vitamien B6 inhoud*) tensy onder die direkte toesig van 'n gekwalifiseerde Gesondheidsdeskundige.

Ander medisyne en NEUROXCEL® Fizz

Vertel altyd vir jou gesondheidsdeskundige as jy enige ander middels neem. Dit sluit aanvullende of tradisionele medisyne in.

Neem NEUROXCEL® Fizz 2 uur voor of na jy enige ander medikasies of natuurlike gesondheidsprodukte neem.

Hoë-dosis Vitamien D mag die risiko van hiperkalsemie verhoog.

Vrugbaarheid, Swangerskap en Borsvoeding

Indien jy swanger is of borsvoed, dink dat jy swanger mag wees of beplan om 'n baba te hê, raadpleeg asseblief jou dokter, apteker of ander gesondheidsdeskundige voordat jy hierdie medisyne neem.

Die bestanddele in NEUROXCEL® Fizz soos aangegee in afdeling 6, word algemeen in swangerskapprodukte gebruik.

Motorbestuur en die gebruik van masjinerie

NEUROXCEL® Fizz het nie 'n effek op die vermoë om te bestuur of wanneer 'n persoon masjinerie hanteer nie.

3. Hoe om NEUROXCEL® Fizz te neem

Moenie enige medisyne met iemand anders deel nie.

Neem NEUROXCEL® Fizz altyd presies soos in hierdie pamflet beskryf of soos jou dokter, apteker of ander gesondheidsdeskundige vir jou aanbeveel het. Vra jou dokter of apteker as jy nie seker is nie.

Slegs vir mondelike gebruik.

Die gewone dosis is een NEUROXCEL® Fizz Bruistablet opgelos in 'n glas water in die Oggend saam met Ontbyt.

NEUROXCEL® Fizz moet altyd na maaltye geneem word.

Moenie die Bruistablet heel sluk of dit kou nie, die Bruistablet moet in 'n glas van ongeveer 200 ml water opgelos word.

NEUROXCEL® Fizz moet daaglik geneem word vir so lank as wat jou gesondheidsdeskundige dit aanbeveel.

As jy meer NEUROXCEL® Fizz neem as wat jy moes

In die geval van 'n oordosering, raadpleeg jou dokter of apteker. As nie een van die twee beskikbaar is nie, kontak jou naaste hospitaal of gifbeheersentrum.

As 'n oordosis vermoed word, moet NEUROXCEL® Fizz dadelik gestaak word.

Behandeling is oor die algemeen simptomaties en ondersteunend.

As jy vergeet om NEUROXCEL® Fizz te neem

Moenie 'n dubbele dosis van NEUROXCEL® Fizz neem om te vergoed vir 'n individuele dosis wat jy vergeet het nie.

4. Moontlike newe-effekte

NEUROXCEL® Fizz kan in uitsonderlike gevalle newe-effekte hê.

Nie alle newe-effekte wat vir NEUROXCEL® Fizz vermeld is, is in hierdie pamflet ingesluit nie. As jou algemene gesondheid versleg of as jy enige ongewenste newe-effekte ondervind terwyl jy NEUROXCEL® Fizz neem, vra asseblief jou gesondheidsdeskundige vir advies.

Minder Dikwelse newe-effekte:

- naarheid (voel mislik)
- diarree
- hardlywigheid
- slegte spysvertering
- opgeblaaide maag
- winderigheid

Dikwelse newe-effekte:

- heldergeel urine

Aanmelding van newe-effekte:

As jy enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, meld dit asseblief by AnaStellar Brands (Edms) Bpk. aan by pharmacist@anastellar.co.za, (011) 792 4601 of <https://anastellar.co.za>.

Deur newe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van NEUROXCEL® Fizz te verskaf.

5. Hoe om NEUROXCEL® Fizz te bewaar

Hou alle medisyne buite kinders se bereik.

Bewaar teen 25 °C of benede.

Moenie in 'n yskas verkoel of vries nie.

Beskerm teen lig en vogtigheid.

Bewaar in die oorspronklike houer.

Hou die Bruistablette in die buis totdat dit nodig is vir gebruik, moenie in ander houers uitgooi nie.

Moenie in 'n Badkamer of Kombuis bêre nie.

Neem alle ongebruikte medisyne terug na jou apteker.

Moenie ongebruikte medisyne in dreine of rioelstelsels (bv. toilette) weggooi nie.

6. Die inhoud van die kartondosie en ander inligting

Wat NEUROXCEL® Fizz bevat:

NEUROXCEL® Fizz bestaan uit 1 Komponent:

Elke Bruistablet bevat:

Vitamien B1 (Aktief) afgelei van Tiamienpirofosfaat 25 mg	25	mg
Vitamien B2 (Aktief) afgelei van Riboflaviën-5-Fosfaat 13 mg	10	mg
Nikotienamied Ribosied afgelei van Vitamien B3 300 mg	300	mg
Vitamien B6 (Aktief) afgelei van Piridoksale-5-Fosfaatmonohidraat 108 mg	100	mg
Vitamien B12 (Aktief) afgelei van Metielkobalamien 100 µg	100	µg
Folaat (Aktief) afgelei van (6S)-5-Metieltetrahydrofolaat 694 µg	500	µg
Vitamien D3 afgelei van Cholekalsiferol 10 mg	1 000	IE

Die ander bestanddele is Grenadella- of Pynappelgeur, Isomalt, Natriumbensoaat, Natriumbikarbonaat, Poliëtleenglikol, Polivinilpirolidoon, Silikondioksied, Sitroensuur Anhidries, Sorbitol, Sukralose en Wynsteensuur.

NEUROXCEL® Fizz is Sukrosevry.

Versoeters: Isomalt (0,4 g), Sorbitol (0,3 g), en Sukralose (23 mg).

Hoe NEUROXCEL® Fizz lyk en die inhoud van die kartondosie

NEUROXCEL® Fizz is in twee groottes te kry, 'n 10 Dag Voorraad sowel as 'n 30 Dag Voorraad Bruistablette.

NEUROXCEL® Fizz is beskikbaar in twee verskillende geure, Grenadella- of Pynappelgeur.

10-dag voorraad:

Elke kartondosie bevat 1x Polipropileen IML buis met drukwerk op, en met LDPE peuter-bevestigende, af-druk tipe wit droogmiddelstuiters, met 10x Geel Bruistablette in die buis.

Verpakking van 10x Bruistablette in 'n kartondosie.

Kartondosie met 1x Peuterbestande Seël op die boks-opening.

30-dag voorraad:

Elke kartondosie bevat 3x Polipropileen IML buise met drukwerk op, en met LDPE peuter-bevestigende, af-druk tipe wit droogmiddelstuiters, met 10x Geel Bruistablette in elke buis.

Verpakking van 30x Bruistablette in 'n kartondosie.

Kartondosie met 1x Peuterbestande Seël op die boks-opening.

Houer van die Registrasiesertifikaat

AnaStellar Brands (Edms) Bpk.

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Fontainebleau

2032

Suid-Afrika

+27 (0)11 792 4601

Registrasienommer

Moet toegeken word

Hierdie pamflet is laas in Oktober 2025 hersien

Die Professionele Inligtingspamflet is beskikbaar by <https://anastellar.co.za>

Hierdie ongeregisteerde middel is nie deur die SAHPRA vir sy gehalte, veiligheid of beoogde gebruik geëvalueer nie.

NXF/LF/01