

# PACKAGE INSERT

## SCHEDULING STATUS

To be assigned

## PROPRIETARY NAME AND DOSAGE FORM

Activ-FOLATE Tablets

## COMPOSITION

### Each Peach Tablet contains:

Folate as (6S)-5-Methyltetrahydrofolate	500 µg
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Excipients: calcium carbonate, Flexicoat® peach, magnesium stearate (vegetable), microcrystalline cellulose, shellac, silicon dioxide

## PHARMACOLOGICAL CLASSIFICATION

D: 22 (Vitamins): Health Supplement

## PHARMACOLOGICAL ACTION

**Folic Acid:** Folates are involved in a number of single carbon transfer reactions, especially in the synthesis of purines and pyrimidines (and hence the synthesis of deoxyribonucleic acid (DNA)), glycine and methionine. They are also involved in some amino acid conversions and the formation and utilisation of formate. Deficiency leads to impaired cell division (effects most noticeable in rapidly regenerating tissues).

## INDICATIONS

For nutritional support where deficiency is at highest risk, for example, prior to conception, during pregnancy or where the medication you are taking interferes with folate metabolism or absorption.

## CONTRAINDICATIONS

Hypersensitivity to any of the ingredients, including excipients.

## WARNINGS AND SPECIAL PRECAUTIONS

Take 2 hours before or after taking other medications.

## INTERACTIONS

Folic acid may reduce the absorption of zinc.

## PREGNANCY AND LACTATION

Activ-FOLATE is safe for use during pregnancy and lactation.

## DOSAGE AND DIRECTIONS FOR USE

For oral use.

Morning: Take one Peach Tablet daily, or as recommended by your Healthcare Professional.  
Take 2 hours before or after taking other medications.

## SIDE EFFECTS

May cause mild gastrointestinal disturbances.

## KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT

If an overdose is suspected, the medicine should be stopped immediately.

## IDENTIFICATION

Peach Round Film-coated Tablet.

## PRESENTATION

A cardboard carton containing blister strips of 30 or 120 Peach Tablets.

## STORAGE INSTRUCTIONS

Store at or below 25 °C.

Protect from light and moisture.

Keep the blister strips in the outer carton.

## KEEP OUT OF REACH OF CHILDREN

## REGISTRATION NUMBER

To be assigned

## NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

AnaStellar Brands (Pty) Ltd

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This medicine has not been evaluated by the Medicines Control Council.

This medicine is not intended to diagnose, treat, cure or prevent any disease.